BOYS' FIELD/SIXES GOALIE EQUIPMENT

Required Equipment

1. HELMET
- Statement/seal indicating it meets NOCSAE lacrosse standard performance specification and SEI certified

2. THROAT GUARD
- Separate from helmet & required for goalies
- Attach with snaps/screws/other fasteners
- Proper fit for helmet & guard must be done relying on manufacturers' guidelines & requirements on their website or included with helmet/guard

3. CHEST PROTECTOR
- Covers front torso, neckline to below navel
- Body straps must be secured to the front of pad – adjust for a snug, comfortable fit
- Must meets NOCSAE ND200 standard.

4. PROTECTIVE CUP
- Fitted for comfort & protection
- Garments to improve comfort include: supporters, all-in-one briefs & combinations of both

5. SHOES
- Athletic cleats or athletic shoes

6. GOALIE GLOVES
- Hand must be fully inserted in glove
- Includes goalie specific additional thumb protection

7. GOALIE CROSSE
- Length 40 – 72"
- NOTE: 10U and younger has allowances for shorter stick lengths (please reference the USA Lacrosse Boys' Youth Rules Book).

8. MOUTHGUARD
- Self-molding (from manufacturers) or custom-molded (from dentist)

